



# GROSSMAN IMAGING CENTERS

805-988-0616 • Fax 805-988-0997

PET/CT     CT     BONE SCAN

_____
Date of Exam
_____
Time of Exam
_____
Scheduled by

**Facility:** Grossman Ventura \_\_\_\_\_ Grossman Oxnard \_\_\_\_\_  
 2900 Loma Vista Rd., Suite 101      2151 E. Gonzales Rd., Suite 101

1. Patient Name: \_\_\_\_\_

D.O.B. \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

2. Ordering Physician \_\_\_\_\_ Diagnosis \_\_\_\_\_

3. ICD9 \_\_\_\_\_ Biopsy Results \_\_\_\_\_

4. Exam Requested:     78815 - Head to Thigh  
 78816 - For Melanoma Head to Toe  
 78608 - Brain (Alzheimer's & Dementia, etc.)  
 78320 - Bone Scan - PET Whole Body Bone Tomography with 18F-Sodium Fluoride (NaF)

5. The CT Performed with PET/CT is limited. If a complete diagnostic CT is needed  
 please request the area to be examined:     Head     Neck     Chest  
 Abdomen     Pelvis     w/Contrast

## For Contrast CT —

**Results from BUN & Creatinine within last 30 days** \_\_\_\_\_ / \_\_\_\_\_

6. Previous Correlative Exams:     CT     MRI     PET

Date of Exam: \_\_\_\_\_

Institution where CT, MRI, or PET was performed:

- Grossman Imaging Center       Community Memorial Hospital  
 Ventura Coast Imaging       Pueblo Radiology  
 St. John's Hospital       Other:

7. Insurance \_\_\_\_\_ Authorization \_\_\_\_\_

8. **Please fax copies of pathology, \*\* correlative exam reports, \*\* and insurance card with this form to:    (805) 988-0997**

9. **All correlative CT, MRI and/or PET films should be present at time of procedure in order to facilitate a timely PET interpretation.**

Physician Signature \_\_\_\_\_

Contact at Doctors Office: \_\_\_\_\_

*\*\*Please note: Absence of previous reports will delay results.*

## **PET/CT and PET/CT BRAIN SCAN PREP INSTRUCTIONS**

**Please fast 6 hours prior to your appointment.** This includes gum, candy, coffee or breath mints.

**Medications.** You may also take any medications that are tolerated on an empty stomach, as long as they do not have any sugar in them. Please bring a list of your current medications, with dosages.

**Diabetic.** If you are diabetic, we ask that you closely monitor your blood sugar for a couple of days before your test. Our cutoff is 180, and we will be unable to do your test if your level is higher than that. You must not use any insulin within two hours of your test, or we will not be able to do your exam.

**Follow a low carb diet 1-2 days before your test and no caffeine 24 hours prior.** While on a low carb diet, you will need to avoid foods like rice, pasta, tortillas, bread, cookies, cakes, and starchy vegetables such as corn, peas and potatoes, You can continue to eat all protein, like meat, fish, and eggs. You can also eat dairy products and non-starchy vegetables, but keep fruit to a minimum.

**Please avoid vigorous exercise or any hard physical labor for 48 hours prior to your PET scan.** This includes heavy lifting, yard work, golfing or any activity that requires you to use your muscles.

**Please wear loose comfortable clothing that is free of any zippers, buttons or snaps.** You will be asked to remove jewelry, as well as dentures and partials.

### **PET BONE SCAN (Sodium Fluoride)**

**PET Bone Scan: No special preparation required.**

**You will be in our department for approximately 1-3 hours, depending on the type of PET scan you are having.** The PET scan will not affect your ability to drive, unless you have requested sedation.

People who are not patients are unable to wait in the injection rooms or scan room. Family/friends are welcome to remain in the reception area or come back when the patient's PET/CT scan is completed.

**PLEASE DO NOT HAVE SMALL CHILDREN OR PREGNANT WOMEN ACCOMPANY YOU TO YOUR EXAM.** Please make arrangements for childcare if necessary and avoid close contact with small children and pregnant women for at least 4 hours following the end of your PET examination.

**If for any reason you think you may need to reschedule or cancel your exam, please call 988-0616, 24 hours prior, so that we can cancel your dose.**